

Pool Lesson Schedule Swim for Life Lessons Spring 2024

Please bring any previous report cards on first day

Spring Set 1 (SG1): May 21st- May 24th Monday- Friday (No Lessons May 22nd -Statutory Holiday)

2:00-2:30	2:30-3:00	3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00
Privates Available, Subject to Availability - Contact Pool Office at 250-546-0914					

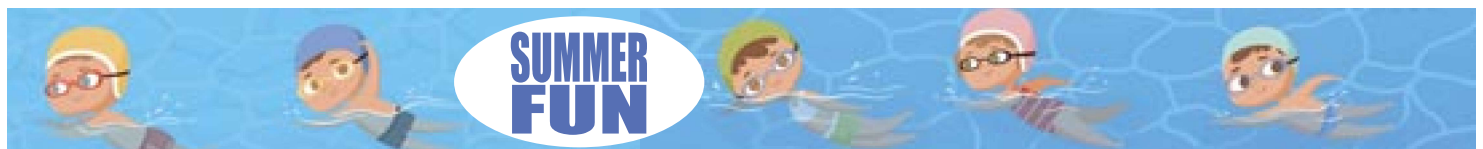
Spring Set 2 (SG2): May 27th- June 7th Monday- Friday

2:00-2:30	2:30-3:00	3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00
Octopus	Octopus	Swimmer 2	Swimmer 3	Swimmer 5/6 4:00-5:00	
		Crab	Swimmer 1	Crab	Octopus
		Swimmer 4 3:15-4:00		Swimmer 1	Swimmer 3
		Swimmer 1	Octopus	Sea Lion/Narwhal	Swimmer 2
Privates Available, Subject to Availability - Contact Pool Office					

Spring Set 3 (SG3): June 10th - June 21st Monday-Friday

2:00-2:30	2:30-3:00	3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00
Octopus	Octopus	Swimmer 1	Swimmer 3	Crab	Swimmer 1
		Crab	Swimmer 1	Orca	Sea Lion/Narwhal
		Swimmer 2	Octopus	Swimmer 2	Octopus
		Swimmer 4 3:00-3:45		Rookie/Ranger/Star 4:00-5:00	
Privates Available, Subject to Availability - Contact Pool Office					

ADAPT SWIMMING LESSONS	Pool Rentals
<p>Lifesaving Society lessons are all able to be adapted to individual needs of swimmers. The lessons are worked at their own pace, using personal goals to determine success in the water.</p> <p>Adapt lessons are available during the Private lesson time slots listed in the Spring and Summer Lesson schedules.</p> <p>Seasoned instructors trained in the Swim Adapt program will be assigned the Adapt lessons. Instructor candidates and volunteers may also assist with classes.</p>	<p>We offer one-hour rentals of the pool facility.</p> <p>The time slots are on Saturdays and Sundays from 6:00-7:00pm.</p> <p>Rentals are subject to staff availability and are a first come first serve basis. To book pool rentals it either has to be in-person or over the phone with payment occurring at the time of booking.</p> <p>Pool Rentals are \$161.40 plus tax.</p>



Pool Lesson Schedule Swim for Life Lessons Summer 2024

Please bring any previous report cards on first day

Summer Set 1 (SR1): July 2nd- July 12th Monday-Friday

9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:00	11:00-11:30	11:30-12:00
Swimmer 1	Octopus	Swimmer 4	10:00-10:45	Rookie/Ranger/Star	11:00-12:00
Crab	Sea Lion/Narwhal	Orca	Swimmer 2	Swimmer 1	Swimmer 3
Swimmer 2	Swimmer 1	Swimmer 3	Octopus	Crab	Jellyfish/Goldfish/Seahorse
Private Lessons Available July 2 nd -5 th			Bronze Star Mon-Fri 9:00-11:00am July 8 th -12 th		
3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00		
Octopus	Swimmer 2	Orca	Swimmer 3		
Swimmer 1	Crab	Swimmer 5/6 4:00-5:00			

Summer Set 2 (SR2): July 15th- July 26th Monday-Friday

9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:00	11:00-11:30	11:30-12:00
Swimmer 2	Swimmer 3	Swimmer 5/6	10:00-11:00	Swimmer 4	11:00-11:45
Swimmer 1	Crab	Swimmer 1	Octopus	Swimmer 1	Sea Lion/Narwhal
Octopus	Swimmer 2	Orca	Swimmer 2	Crab	Swimmer 1
Private Lessons Available July 15 th -19 th			Bronze Medallion Mon-Fri 9:00-12:00 July 22 nd -26 th		
3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00		
Jellyfish/Goldfish/Seahorse	Octopus	Swimmer 1	Swimmer 3		
Swimmer 4 3:00-3:45			Rookie/Ranger/Star 4:00-5:00		

Summer Set 3 (SR3): July 29th – August 9th Monday-Friday (No Lessons August 5th STAT)

9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:00	11:00-11:30	11:30-12:00
Swimmer 3	Octopus	Swimmer 1	Swimmer 2	Swimmer 4	11:00-11:45
Rookie/Ranger/Star 9:00-10:00		Crab	Octopus	Swimmer 1	Swimmer 2
Orca	Swimmer 1	Swimmer 2	Swimmer 3	Jellyfish/Goldfish/Seahorse	Crab
Private Lessons Available August 6 th -9 th			Bronze Cross Mon-Fri 9:00-1:00 July 29 th -August 2 nd		
3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00		
Octopus	Crab	Swimmer 5/6 4:00-5:00			
Swimmer 3	Swimmer 1	Sea Lion/Narwhal	Swimmer 2		

Summer Set 4 (SR4): August 12th – August 23rd Monday-Friday

9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:00	11:00-11:30	11:30-12:00
Swimmer 3	Swimmer 2	Sea Lion/Narwhal	Swimmer 1	Swimmer 5/6	11:00-12:00
Swimmer 1	Octopus	Swimmer 2	Octopus	Swimmer 4	11:00-11:45
Crab	Swimmer 1	Swimmer 3	Swimmer 2	Jellyfish/Goldfish/Seahorse	Orca
Private Lessons Available August 12 th -23 rd					
3:00-3:30	3:30-4:00	4:00-4:30	4:30-5:00		
Octopus		Swimmer 1	Swimmer 2		
Rookie/Ranger/Star 3:00-4:00			Swimmer 4 4:00-4:45		